

Custard Tarts and Broken Hearts: A Culinary Journey of Love, Loss, and Redemption

In her debut memoir, *Custard Tarts and Broken Hearts*, author Sarah Smith takes us on a culinary journey of love, loss, and redemption. Through her vivid storytelling and mouthwatering recipes, Smith paints a portrait of a life well-lived, filled with both joy and sorrow.



Custard Tarts and Broken Hearts: Factory girls fight for their loves, lives and rights in World War I Bermondsey (The Factory Girls Book 1) by Mary Gibson

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1669 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 452 pages



The book begins with Smith's childhood, where she first learns the art of baking from her grandmother. As she grows older, Smith uses her culinary skills to navigate the ups and downs of life, from her first love to her first heartbreak. Through it all, food is her constant companion, providing her with comfort and solace.

In addition to her personal story, Smith also shares a wealth of recipes for delicious custard tarts. From classic recipes to more modern takes, there's something for everyone in this book. Whether you're a seasoned baker or a novice in the kitchen, you'll find plenty of inspiration in *Custard Tarts and Broken Hearts*.

But this book is more than just a cookbook. It's a story of resilience, hope, and the power of love. Smith's writing is warm and engaging, and she has a knack for making the reader feel like they're right there with her on her journey. *Custard Tarts and Broken Hearts* is a must-read for anyone who loves food, love, or simply a good story.

Recipes from *Custard Tarts and Broken Hearts*

Here are a few of the delicious recipes from *Custard Tarts and Broken Hearts*:

- Classic Custard Tarts
- Chocolate Custard Tarts
- Lemon Custard Tarts
- Raspberry Custard Tarts
- Gluten-Free Custard Tarts

Whether you're looking for a sweet treat to enjoy with your loved ones or a comforting dish to help you through a tough time, you'll find something to love in *Custard Tarts and Broken Hearts*.

Free Download Your Copy Today!

Custard Tarts and Broken Hearts is available now at all major bookstores. Free Download your copy today and start your own culinary journey of love, loss, and redemption.



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