

Protect Yourself Now: Violence Prevention for Healthcare Workers

Violence in the healthcare workplace is a serious problem. Every year, thousands of healthcare workers are assaulted, threatened, or otherwise harmed on the job. This book provides essential information on how to prevent and respond to workplace violence, including tips on situational awareness, de-escalation techniques, and reporting procedures.



PROtect Yourself Now!: Violence Prevention for Healthcare Workers by Rae A. Stonehouse

★★★★☆ 4.7 out of 5

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Chapter 1: Understanding Workplace Violence

The first step to preventing workplace violence is to understand the different types of violence that can occur and the risk factors that can contribute to violence. This chapter provides an overview of the different types of workplace violence, including physical assault, verbal abuse, and sexual harassment. It also discusses the risk factors that can make

healthcare workers more vulnerable to violence, such as working alone, working in a high-stress environment, or working with patients who have a history of violence.

Chapter 2: Situational Awareness

Situational awareness is the ability to be aware of your surroundings and the people around you. It is an essential skill for preventing workplace violence. This chapter provides tips on how to develop situational awareness, including how to pay attention to your surroundings, how to identify potential threats, and how to react to dangerous situations.

Chapter 3: De-Escalation Techniques

De-escalation techniques are strategies that can be used to calm down an agitated or violent person. These techniques can help to prevent a situation from escalating into violence. This chapter provides a variety of de-escalation techniques, including how to use verbal de-escalation, how to use physical de-escalation, and how to use environmental de-escalation.

Chapter 4: Reporting Procedures

Reporting workplace violence is an important step in preventing future violence. This chapter provides information on how to report workplace violence, including who to report it to and what information to include in the report. It also discusses the importance of documenting workplace violence and the role that healthcare workers can play in preventing violence.

Violence in the healthcare workplace is a serious problem, but it can be prevented. By following the tips in this book, healthcare workers can learn how to protect themselves from violence and create a safer workplace for everyone.

To Free Download your copy of Protect Yourself Now: Violence Prevention for Healthcare Workers, please visit our website at www.protectyourselfnowbook.com.



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