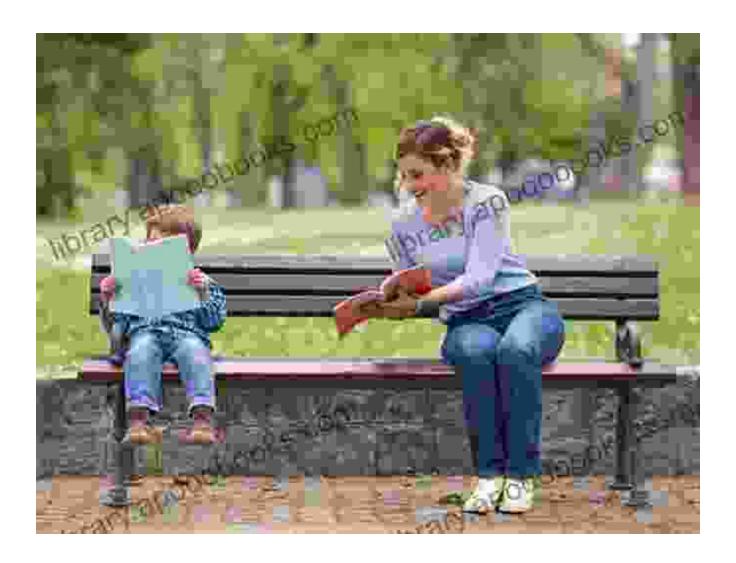
# Ruthfulness: A Mother's Journey to Accepting Autism

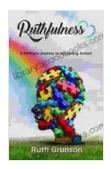


Ruthfulness is a memoir by Julie A. Fast, a mother of two children, one of whom is autistic. The book chronicles Fast's journey from denial and despair to acceptance and advocacy.

#### **Ruthfulness: A Mother's Journey to Accepting Autism**

by Ruth Brunson

★ ★ ★ ★★ 5 out of 5Language: EnglishFile size: 3318 KB



Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 190 pages
Lending : Enabled



Fast's writing is honest, raw, and deeply personal. She does not shy away from the challenges of raising an autistic child, but she also celebrates the joys and rewards that come with it. Ruthfulness is a must-read for any parent of an autistic child, as well as for anyone who wants to learn more about autism.

#### The Journey to Acceptance

Fast's journey to acceptance began with the birth of her son, Ethan. Ethan was a difficult baby, and Fast soon realized that he was not developing typically. She took him to doctor after doctor, but no one could tell her what was wrong.

Finally, when Ethan was three years old, he was diagnosed with autism.

Fast was devastated. She had never heard of autism before, and she didn't know what to do.

Fast spent the next few years in a state of denial. She refused to believe that Ethan was autistic. She tried to force him to behave like other children, and she punished him when he didn't.

But eventually, Fast realized that she couldn't change Ethan. She had to accept him for who he was.

This was a difficult process for Fast, but it was also a necessary one. Once she accepted Ethan's autism, she was able to start helping him.

#### **Becoming an Advocate**

Fast's journey to acceptance led her to become an advocate for autistic children and their families. She has spoken out about the challenges of raising an autistic child, and she has worked to raise awareness of autism.

Fast has also written several books about autism, including Ruthfulness. Her books have helped other parents to understand and accept their autistic children.

Fast's advocacy work has made a difference in the lives of many autistic children and their families. She is a tireless advocate for the rights of autistic people, and she is an inspiration to all who know her.

#### The Importance of Ruthfulness

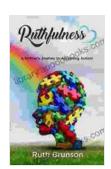
Ruthfulness is a powerful and moving memoir that offers a unique perspective on autism. Fast's writing is honest, raw, and deeply personal. She does not shy away from the challenges of raising an autistic child, but she also celebrates the joys and rewards that come with it.

Ruthfulness is a must-read for any parent of an autistic child, as well as for anyone who wants to learn more about autism. Fast's book is a powerful reminder that autistic people are not defined by their disability. They are

individuals with unique strengths and challenges, and they deserve to be treated with respect and dignity.

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