

Unveiling the Extraordinary: "Comfort Measures Only: New and Selected Poems 1994-2024"



Comfort Measures Only: New and Selected Poems, 1994–2024 by Rafael Campo

★★★★☆ 4.4 out of 5

Language : English

File size : 316 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 184 pages

Paperback : 192 pages

Item Weight : 7.1 ounces

Dimensions : 4.53 x 0.39 x 7.56 inches

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#SheInspiresMe

I heard a woman become herself
the first time she speaks
without permission
then, every word out of her mouth
a riot

say, beautiful
and point to the map of your body

say, brave
and wear your skin like a gown or a suit

say, hero
and cast yourself in the lead role

when a girl pronounces her own name
there is glory

when a woman tells her own story
she lives forever

all the women I know are perennials:
mangolds, dahlias—
soft things that refuse to die

(if this poem is the only thing that survives me)

tell them I grew a new tongue
tell them I built me a throne

tell them when we discovered life on another planet,
it was a woman
and she built a bridge, not a border

(I heard this is how you make history,
this is how you create a new world)



#SheInspiresMe
by @denicefrohman

In the realm of literature, where words dance on the page and ignite emotions, Denice Frohman's "Comfort Measures Only: New and Selected Poems 1994-2024" emerges as a beacon of poetic brilliance. This captivating collection spans three decades of her award-winning journey, offering readers an immersive experience into the depths of human experience.

From the tender and poignant reflections of early works to the profound insights and resilience of recent years, Frohman's poetry weaves an intricate tapestry of memory, loss, and the indomitable spirit that transcends adversity. With each turn of the page, readers are drawn into a world where emotions resonate, memories linger, and the complexities of life are illuminated.

A Tapestry of Memory and Loss

In "Comfort Measures Only," Frohman explores the profound impact of memory and loss on the human psyche. Her poems delve into the bittersweet terrain of longing, absence, and the elusive nature of time. Through evocative imagery and sensory details, she captures the fragility of moments and the enduring power of love that transcends physical presence.

In "Elegy for My Father," she writes:



“I remember your hands, their veins like rivers that flowed beneath the skin.

I remember your voice, a low rumble that soothed my fears.”

With each verse, Frohman invites readers to confront the inevitable passage of time and the profound void left by those who are gone. Yet, amidst the sorrow, there is a glimmer of hope and resilience, as she finds solace in the enduring bonds that connect us beyond the physical realm.

Resilience and Transformation

Throughout "Comfort Measures Only," Frohman's poetry celebrates the indomitable spirit of resilience. In the face of adversity, her poems offer a transformative message of hope and renewal. From personal experiences of illness and recovery to broader themes of social justice and environmental consciousness, Frohman's words ignite a sense of empowerment and the belief in our collective ability to create positive change.

In "The Miracle," she writes:



“I have seen the miracle in the tiny bud that bursts forth from the cold earth.

I have seen the miracle in the broken bone that mends itself with time and love.”

Frohman's poems remind us that even in the darkest of times, there is always a flicker of light guiding us towards healing and renewal. Her words become a source of comfort and inspiration, reminding us of our own resilience and the transformative power of the human spirit.

A Masterful Exploration of Language

Beyond its profound themes, "Comfort Measures Only" showcases Denice Frohman's exceptional command of language. Her poems are a symphony of sound, rhythm, and imagery, where every word has been carefully chosen to convey the full spectrum of human emotion and experience.

From the lyrical flow of free verse to the intricate weave of rhyme and meter, Frohman's poetry invites readers to savor the beauty and power of language itself. Her poems linger in the mind long after the last page has been turned, their echoes resonating in the depths of our hearts and souls.

In "Comfort Measures Only: New and Selected Poems 1994-2024," Denice Frohman has crafted a masterpiece that transcends time and genre. Her poems are a testament to the indomitable power of resilience, the enduring bonds of memory, and the transformative nature of human experience.

This collection is an essential addition to the library of any poetry lover or anyone seeking solace, inspiration, and profound insights into the complexities of life. With each reading, Frohman's words will continue to touch our souls, illuminate our understanding, and remind us of the enduring power of poetry to heal, inspire, and connect us all.



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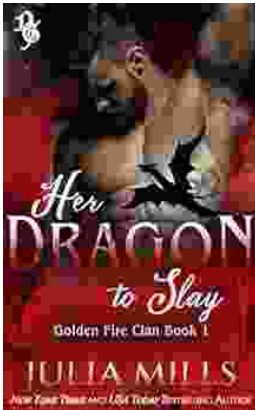
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